

*now what?*



During this time of isolation and staying home, the hardest sessions for me to postpone and re-schedule have been newborn sessions. Knowing that these first few weeks with your new baby are so important to document, I've put together a few tips for taking your own DIY newborn photos. Just because I can't get to you, doesn't mean you shouldn't capture the first few days and weeks of your baby's life. All you need is your phone to make the most of this special time, and of course that adorable baby. And don't forget, there is no bad time during that first year of your baby's life to do professional portraits. In fact, they just keep getting cuter. Reach out anytime to schedule a session later this year.

*Promise.*

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# YOU GOT THIS!

## *Take a look...*



### PREPPING FOR THE SESSION

Keep your subject happy. For newborns, it's important to keep your house warm, take plenty of time to feed them, and make sure they're in good fitting clothes, or just a diaper cover. Get them ready before feeding so you don't have to wake your little one up.



### LIGHTING

Light is always the most important element for a photograph. A window is the perfect way to get soft, even light for your newborn portraits. For the most even light, make sure the window is at your back and you have indirect sun on your baby. Make sure to turn off any lamps or overhead lights as they don't mix well with window light.



### EXPOSURE

Don't rely on your phone camera to make the best exposure. You can tap on the brightest section of your phone screen for the camera to expose for a highlight, which will give you a more dramatic photo. There also might be a more dramatic angle for the light, make sure to check out all options by walking around your baby..

## COMPOSITION

Look for a surrounding that will be clean and simple without distractions. Often a soft chair or bed is a safe place to get your baby to sleep and you can start to compose your image. Go close for those delicious details and back up to show your newborn's small size. You can also place a beloved gift next to them such as a blanket or stuffed animal to show their size and recreate as the months go by. Try different angles including above your baby. Make sure to hold onto to that camera tight while composing from above for safety.

## SIBLINGS

The first days an older sibling meets their new best friend are important to document. When photographing them together the key is to stay safe. Make sure you take pictures on a bed with room for movement, especially with toddlers. If your oldest isn't ready to hold your newborn, have them lay down on their belly or back and place the newborn next to them. Ask your oldest to count their new baby's toes or fingers and kiss those little hands for a sweet moment. Be patient and ready, and don't worry if you don't get cooperation, soon they will be inseparable.

## GET IN THE PHOTOS

This is the picture your child will treasure some day. Take turns with your partner photographing a snuggly baby in your arms. Make sure to bring your baby close to your face and cuddle cheek-to-cheek when your baby is calm and sleepy, after a feeding is usually best. Try those above angles for a flattering picture. This is usually not a time to get dressed up fancy, but putting on an outfit that makes you feel beautiful for an impromptu photo will go a long way. Let your children see your love in photos!



WHEN THIS IS ALL OVER

*let's get together*



This sure has been a trying time. I hope you and your beautiful family are staying safe and sane. When the time is right, I would love to photograph your family. Now more than ever we can see what's most important and I believe gorgeous custom photography is the best way to preserve these precious memories.

*stay in touch*

Please email me to discuss an upcoming session dates. I can't wait to photograph your family!  
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